# Worcester County Department of Recreation & Parks

# Winter 2018

## Held at the Worcester County Recreation Center

### Fitness Classes
$20 per person

**Tai Chi Review**
- Ages 45 & older
- Tuesdays & Thursdays
- January 9 - February 15
- 9:00 - 10:00 a.m.
- Contact Mike x2509
- mhedlesky@co.worcester.md.us

**Total Body Bootcamp**
- Ages 18 & older
- Tuesdays & Fridays
- February 20 - March 27
- 5:30 - 6:30 p.m.
- Contact Myra x2512
- msmall@co.worcester.md.us

### Fitness Classes
$40 per person

**Early Bird Fitness**
- Ages 45 & older
- Mondays, Wednesdays & Fridays
- January 3 - March 23
- 9:00 - 9:40 a.m.
- Contact Myra x2512
- msmall@co.worcester.md.us

**Yoga**
- Ages 18 & older
- Thursdays
- January 4 - February 22
- 5:30 - 6:30 p.m.
- Contact Mike x2509
- mhedlesky@co.worcester.md.us

**Stretching, Flexibility, ROM**
- Ages 18 & older
- Mondays & Wednesdays
- January 3 - March 26
- 10:00 - 11:00 a.m.
- Contact Mike x2509
- mhedlesky@co.worcester.md.us

NEW!

**Zumba**
- Ages 18 & older
- Mondays & Wednesdays
- January 3 - February 7
- 5:30 - 6:30 p.m.
- Contact Mike x2509
- mhedlesky@co.worcester.md.us

**PiYo**
- Ages 18 & older
- Tuesdays & Fridays
- January 9 - February 16
- 5:30 - 6:30 p.m.
- Contact Myra x2512
- msmall@co.worcester.md.us

### Adult Drop-In
$3 per session / $25 for the quarter

**Adult Indoor Soccer**
- Ages 14 & older
- Mondays
- January 8 - March 26
- 7:30 - 9:30 p.m.
- Contact Jacob x2506
- jstephens@co.worcester.md.us

**Adult Recreation Volleyball**
- Ages 14 & older
- Thursdays (January)
- Wednesdays (February-March)
- January 4 - March 28
- 7:45 - 9:45 p.m.
- Contact Trudy x2520
- tporch@co.worcester.md.us

**Adult Pickleball**
- Ages 18 & older
- January 8 - January 29
  - Mon.: 10:00 a.m. - 12:00 p.m.
- February 7 - March 28
  - Wed.: 10:00 a.m. - 12:00 p.m.
- Contact Trudy x2520
- tporch@co.worcester.md.us

## Motorcoach Tours

### 2017 Trips

Thursday, December 14
Christmas in New York
*on your own*

### 2018 Trips

Tuesday, March 6
Philadelphia Flower Show

Wednesday, April 4
Washington DC in the Spring
*Cherry Blossoms: Spirit of Washington Luncheon Cruise or see the sights On Your Own*

Saturday, April 28
NYC On Your Own

*For ticket prices go to www.WorcesterRecandParks.org or contact Brianna x2514 bgoddard@co.worcester.md.us*

## High School Track Meets

**Come watch area High School Track Teams compete.**

Wednesdays, December 6, 13 & 20, 2017
Wednesdays, January 3, 10, 17 & 24, 2018
Thursday, January 25, 2018

**1:00 p.m. - 9:00 p.m.**

### Adult Leagues
$215 per team

**Men's 6 on 6 Volleyball**
- Ages 14 & older
- Tuesdays
- January 9 - March 27
- 7:00 - 9:00 p.m.
- Contact Trudy x2520
- tporch@co.worcester.md.us

**Men's Futsal League**
- Ages 18 & older
- Fridays
- January 12 - April 20
- 6:30 - 9:30 p.m.
- Contact Jacob x2506
- jstephens@co.worcester.md.us

## Registration Information

Registration for all of our programs is accepted at the front desk of the Worcester County Recreation Center in Snow Hill. Mail-in registrations are accepted, and they must include the completed registration forms, as well as payment. Registration forms can be downloaded from our website. All payments must be received prior to participation. Checks should be made payable to Worcester County.

Worcester County Department of Recreation & Parks

# Winter 2018 Recreation Lineup

## Youth Programs

Fees: $30 per person, $25 for each additional child, Additional $5 after the Registration Deadline
All Winter Youth Programs are held at the Worcester County Recreation Center in Snow Hill
Financial Aid is available to those who show a demonstrated need. Proof of eligibility is required.

### Youth Indoor Soccer
- Age 3 - 8th Grade
- January 6 - March 24
  - Ages 3-4 & Grades K-1: Saturdays
  - Grades 2-3: Thursdays
  - Grades 4-5: Wednesdays or Thursdays
  - Grades 6-8: Mondays & Wednesdays
- Various Times
- Registration Deadline - January 4
- Contact Jacob x2506 jstephens@co.worcester.md.us

### Youth Basketball League
- Grades K - 8th
- Saturdays
- January 6 - March 24
- Various Times
- Registration Deadline - January 4
- Contact Myro x2512 msmall@co.worcester.md.us

### On Target Youth Volleyball
- Grades 6th - 8th
- Tuesdays
- January 9 - March 27
- 5:30 - 6:30 p.m
- Registration Deadline - January 5
- Contact Trudy x2520 tporch@co.worcester.md.us

### Youth Drop - In
$3 per session / $25 for the quarter

### High School Volleyball
- 9th-12th grade
- Fridays
- January 5 - March 23
- 7:30 - 9:30 p.m.
- Contact Trudy x2520
- tporch@co.worcester.md.us

NEW!

### After School Volleyball
- Grades 4th - 6th
- Mondays
- January 8 - March 12
- 3:30 - 5:00 p.m.
- Registration Deadline - January 3
- Transportation from SHES is provided
- Contact Trudy x2520 tporch@co.worcester.md.us

### After School Track
- Grades 3rd - 8th
- Tuesdays
- January 9 - February 27
- 3:30 - 5:00 p.m.
- Registration Deadline - January 5
- Transportation from SHMS is provided
- Contact Myro x2512 msmall@co.worcester.md.us

### Toddler Gym
- Ages 18 months - 5 years old
- Tuesdays
- January 9 - March 27
- 10:00 - 11:00 a.m.
- Contact Kelly x2503 kbuchanan@co.worcester.md.us

### Story Time
NEW!
- Ages 2 - 5 years old
- Thursdays
- January 4 - March 22
- 10:30 - 11:30 a.m.
- Contact Trudy x2520 tporch@co.worcester.md.us

### Little All-Stars
- Ages 2 - 5 years old
- Fridays
- January 12 - March 23
- 10:00 - 11:00 a.m.
- Contact Kelly x2503 kbuchanan@co.worcester.md.us

The staff of Worcester County Department of Recreation & Parks is committed to providing reasonable accommodations to all participants. If you have special needs, we'd like to accommodate you. Please notify the Recreation Department at 410.632.2144 so that we will have time to make plans for you. We cannot guarantee that your request will be met unless the Worcester County Department of Recreation & Parks is notified in advance. Worcester County Department of Recreation & Parks reserves the right to cancel a program or division which does not meet certain requirements.

Worcester County Department of Recreation & Parks
6030 Public Landing Road
Snow Hill, MD 21863
410-632-2144
Fax: 410-632-1585
www.WorcesterRecandParks.org

Contact us at 410-632-2144 or recandparks@co.worcester.md.us